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Plan Benefits Summary



AlabamaBlue.com



Hospital Choice Network

The Blue Cross and Blue Shield of Alabama Hospital Choice Network is a local Alabama effort to evaluate cost, quality and patient experience in member hospitals. Hospitals are categorized into either Lower Member Cost Share or Higher Member Cost Share, based on their performance.

Only Alabama general acute care hospitals are eligible for participation in the Hospital Choice Network. Rehabilitation hospitals, psychiatric hospitals, specialty facilities, out-of-state hospitals, VA hospitals and long-term care hospitals are exempt from Hospital Choice Network scoring.

All hospitals are evaluated annually with changes made effective January 1. In addition, reviews are completed on a quarterly basis allowing hospitals to improve their status. To review the evaluation criteria for all hospitals and/or the level of Member Cost Share for a particular hospital, please use the "Find a Doctor" tool on our website at **AlabamaBlue.com**. The Member Cost Share level will be included in the information provided for each hospital that participates in the Hospital Choice Network. For more information on the evaluation criteria, click on the name of the hospital and then click on the "Cost", "Quality" or "Patient Experience" tabs. If you have any questions, please call the Customer Service number on the back of your ID card.

Prescription Drugs: ValueONE Network

ValueONE Network Facts:

- 41,000 major national and regional pharmacy chains, retailers and grocers, and independent pharmacies participate in the ValueONE Network. This includes many national pharmacies you may already be using.
- Pharmacies that participate in the ValueONE Network can fill up to a 90-day supply of certain medications at the same location.
- If you do not use a ValueONE Network pharmacy, you may be responsible for the full cost of your prescription medication. Benefits may not be provided for out-of-network pharmacies.
- To maximize your pharmacy benefits, you will need to transfer all your prescriptions to a ValueONE Network Pharmacy.

How Do I Find a ValueONE Network Pharmacy?

You can locate all of the participating pharmacies in your area at

AlabamaBlue.com/ValueONEPharmacyLocator. To search for pharmacies in your area, enter your ZIP code in the "Location" search field and then click "Search."

AGB-M22 (01/2022) 1 Rev. 08/04/2021

Blue Access[®] Gold for Business Effective for Plan Years on and after January 1, 2022 BlueCard[®] PPO

	BlueCard° PPO			
BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
Benefit payments are based on the amount of the allowed amount ma	the provider's charge that Blue Cross and/or Blue	Shield plans recognize for payment of benefits.		
The allowed amount may vary depending upon the type provider and where services are received. SUMMARY OF COST SHARING PROVISIONS				
(Includes Mental Health Disorders and Substance Abuse)				
Calendar year deductibles and ou	t-of-pocket maximums will be calculated in accor	dance with applicable Federal law.		
Calendar Year Deductible	\$600 Individual; \$1,200 Family	\$600 Individual; \$1,200 Family		
The in-network and out-of-network calendar year deductibles are separate and do not apply to each other				
Calendar Year Out-of-Pocket Maximum (including in-network calendar year deductible)	\$6,000 Individual; \$12,000 Family	There is no out-of-pocket maximum for out- of-network services		
Deductibles, copays and coinsurance for in- network services and out-of-network Mental Health Disorders and Substance Abuse emergency services apply to the out-of-pocket maximum	After you reach your individual Calendar Year Out-of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowed amount for remainder of calendar year			
INPATIENT HOSPITAL AND PHYSICIAN BENEFITS (Includes Mental Health Disorders and Substance Abuse) Precertification is required for inpatient admissions (except medical emergency services, maternity admissions and as required by Federal law); notification within 48 hours for medical emergencies. Generally, if precertification is not obtained, no benefits are available. Call 1-800-248-2342 (toll-free) for precertification.				
Inpatient Hospital	Lower Member Cost Share: Covered at 100% of the allowed amount after \$250 per day hospital copay days 1-5 for each admission Higher Member Cost Share: Covered at 100% of the allowed amount after \$500 per day hospital copay days 1-5 for each admission	Covered at 80% of the allowed amount after \$800 per admission deductible Note: In Alabama, available only for medical emergency services and accidental injury		
Inpatient Physician Visits and Consultations	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, covered at 50% of the allowed amount subject to calendar year deductible		
	Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount; no copay or deductible	Mental Health Disorders and Substance Abuse Services covered at 80% of the allowed amount; no copay or deductible		
	OUTPATIENT HOSPITAL BENEFITS			
(Includes Mental Health Disorders and Substance Abuse) Precertification is required for some outpatient hospital benefits. Precertification is also required for some provider-administered drugs; visit AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList. If precertification is not obtained, no benefits are available.				
Outpatient Surgery (Including Ambulatory Surgical Centers)	Lower Member Cost Share: Covered at 100% of the allowed amount after \$250 hospital copay Higher Member Cost Share: Covered at 100% of the allowed amount after \$500 hospital copay	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, not covered		
Emergency Room (Medical Emergency)	Covered at 100% of the allowed amount after \$250 hospital copay	Covered at 100% of the allowed amount after \$250 hospital copay		
		Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount after \$250 hospital copay		
Emergency Room (Accident) Note: If you have a medical emergency as defined by the plan after 72 hours of an accident, refer to Emergency Room (Medical Emergency) above.	Covered at 100% of the allowed amount after \$250 hospital copay	Covered at 100% of the allowed amount after \$250 hospital copay when services are rendered within 72 hours of the accident; 80% of the allowed amount subject to calendar year deductible when services are rendered after 72 hours of the accident and not a medical emergency as defined by the plan		

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
Emergency Room Physician	Covered at 100% of the allowed amount	Covered at 100% of the allowed amount		
	after \$50 physician copay	after \$50 physician copay		
		Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount after \$50 physician copay		
Outpatient Diagnostic Lab, X-ray &	Lower Member Cost Share: Covered at	Covered at 80% of the allowed amount		
Pathology	100% of the allowed amount after \$250 hospital copay	subject to calendar year deductible; in Alabama. not covered		
	Higher Member Cost Share: Covered at 100% of the allowed amount after \$500 hospital copay			
Dialysis, IV Therapy, Chemotherapy &	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount		
Radiation Therapy	no copay or deductible	subject to calendar year deductible; in Alabama, not covered		
Intensive Outpatient Services and	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount		
Partial Hospitalization for Mental Health and Substance Abuse	after \$50 per day hospital copay	subject to calendar year deductible; in Alabama, not covered		
	PHYSICIAN BENEFITS	,		
	s Mental Health Disorders and Substanc			
	ician benefits. Precertification is also required fo aBlue.com/ProviderAdministeredPrecertificationI			
	ecertification is not obtained, no benefits are avai			
IN-NETWORK SER	VICES NOT SUBJECT TO \$600 CALENDAR Y	EAR DEDUCTIBLE		
Office Visits, Consultations &	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount		
Psychotherapy	after \$30 primary care physician copay or \$50 specialist physician copay	subject to calendar year deductible		
Telephone and Online Video Physician	Covered at 100% of the allowed amount	Not covered		
Consultations Program	subject to a \$30 copayment per consultation			
A service, through Teladoc™, to diagnose, treat				
and prescribe medication (when necessary) for				
certain medical issues. To enroll, go to Teladoc.com/Alabama or call 1-855-477-4549.				
Second Surgical Opinion	Covered at 100% of the allowed amount after \$50 physician copay	Covered at 80% of the allowed amount subject to calendar year deductible		
CAT Scan, MRI, PET/SPECT, ERCP,	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount		
angiography/arteriography, cardiac cath/arteriography, UGI endoscopy,	after \$250 copay per visit	subject to calendar year deductible		
muga-gated cardiac scan & colonoscopy				
Diagnostic Lab, X-ray, Pathology,	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount		
Dialysis, IV Therapy, Chemotherapy &	no copay or deductible	subject to calendar year deductible		
Radiation Therapy	EDVICES SUBJECT TO \$500 CALENDAR VE	AR DEDUCTION E		
Surgery & Anesthesia	ERVICES SUBJECT TO \$600 CALENDAR YEA Covered at 100% of the allowed amount	Covered at 80% of the allowed amount		
ourgory & Amounicola	subject to calendar year deductible	subject to calendar year deductible		
Maternity Care	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible		
Note: In Alabama, out-of-network physician	services covered at 50% of the allowed amount			
PREVENTIVE CARE BENEFITS				
Routine Immunizations and Preventive	Covered at 100% of the allowed amount;	Not covered		
Services • See AlabamaBlue.com/PreventiveServices	no copay or deductible			
and AlabamaBlue.com/Standard				
ACAPreventiveDrugList for a listing of the specific drugs, immunizations and preventive				
services or call our Customer Service				
Department for a printed copy. • Certain immunizations may also be obtained				
through the Pharmacy Vaccine Network. See				
AlabamaBlue.com/VaccineNetworkDrugLis t for more information.				
Note: In some cases, office visit copays or fa	icility copays may apply			

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
	PEDIATRIC VISION BENEFITS	
Pediatric Eye Exam	Covered at 80% of the allowed amount	Not covered
Limited to one exam (including refraction) per	subject to calendar year deductible	
member per calendar year up to the end of the month in which the member turns 19.		
Pediatric Glasses or Contact Lenses	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Limited to one pair of prescription glasses per	subject to calendar year deductible	subject to calendar year deductible
member per calendar year; contact lenses are	Subject to calcinate your doddottolo	Subject to saloridar your doddonore
limited to one 12-month supply per calendar		
year. Benefits are available up to the end of the month in which the member turns 19.		
monurin which the member turns 19.	PRESCRIPTION DRUG BENEFITS	
(Includes	s Mental Health Disorders and Substanc	e Ahuse)
	for some drugs; if no precertification is obtained	
Prescription Drug Card	Covered at 100% of the allowed amount	Not covered
	after the following copays:	
The pharmacy network for the plan is the		
ValueONE Network.	Tier 1 Drugs:	
Locate a ValueONE Network Pharmacy	\$10 copay per prescription	
at AlabamaBlue.com/ValueONEPharmac	T	
yLocator	Tier 2 Drugs:	
yeodatoi	\$20 copay per prescription	
Prescription drugs (other than maintenance	Tier 3 Drugs:	
prescription drugs) can be dispensed for up	\$40 copay per prescription	
to a 30-day supply.	, the separation process, passes,	
View the Source+Rx 2.0 list that applies	Tier 4 Drugs:	
to the plan at	\$80 copay per prescription	
AlabamaBlue.com/2022SourcePlusRx 2DrugList		
ZDI ugʻzist	Tier 5 (Preferred Specialty) Drugs:	
Maintenance prescription drugs can be	\$125 copay per prescription	
dispensed for up to a 90-day supply but the	Tier 6 (Non-Preferred Specialty) Drugs:	
copayment is applicable for each 30-day	\$250 copay per prescription	
supply.	230 copay per presoription	
View the Maintenance Drug List that	Covered Insulin Products: \$99 maximum	
applies to the plan at	cost share per 30-day supply	
AlabamaBlue.com/MaintenanceDrugLi		
st		
Some copays maybe combined for		
diabetic supplies		
T: 5 10 (0 : H) 1		
Tier 5 and 6 (Specialty) drugs can be		
dispensed for up to a 30-day supply. The only in-network pharmacy for some		
Tier 5 and 6 (Specialty) drugs is the		
Pharmacy Select Network.		
View the Specialty Drug List that applies		
to the plan at		
AlabamaBlue.com/SelfAdministeredS		
pecialtyDrugList		
Some immunizations may be received from		
an in-network pharmacy that participates in the Pharmacy Vaccine Network .		
A list of the eligible vaccines these		
pharmacies may provide can be found		
at		
AlabamaBlue.com/VaccineNetworkDr		
ugList		
ag-iot		

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BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Mail Order Pharmacy Service	Covered at 100% of the allowed amount	Not covered
Up to 90-day supply with one copay	after the following copays:	1101 0010100
Mail Order drugs are available through Home Delivery Network (Enroll online at AlabamaBlue.com/HomeDeliveryNetwork	Tier 1 Drugs: \$25 copay per prescription	
Note: If you have less than a 90-day supply, you will pay the same copay as a 90-day supply when using this mail order service.	Tier 2 Drugs: \$50 copay per prescription	
	Tier 3 Drugs: \$100 copay per prescription	
	Tier 4 Drugs: \$200 copay per prescription	
	Tier 5 (Preferred Specialty) Drugs: Not covered	
	Tier 6 (Non-Preferred Specialty) Drugs: Not covered	
	Covered Insulin Products: \$99 maximum cost share per 30-day supply	
	NEFITS FOR OTHER COVERED SERVICE	
Precertification is req	s Mental Health Disorders and Substanc uired for some other covered services; please se	e your benefit booklet.
	ecertification is not obtained, no benefits are avail	
Allergy Testing & Treatment	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible
Ambulance Service	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible
Chiropractic Services Limited to 15 visits per member per calendar year	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Durable Medical Equipment (DME)	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, covered at 50% of the allowed amount subject to calendar year deductible
Rehabilitative Occupational, Physical and Speech Therapy Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, covered at 50% of the allowed amount subject to calendar year deductible
Habilitative Occupational, Physical and Speech Therapy Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, covered at 50% of the allowed amount subject to calendar year deductible
Autism-Related Rehabilitative and Habilitative Occupational and Speech Therapy Children ages 0-18 with an autism diagnosis are allowed unlimited visits for occupational and speech therapy	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, covered at 50% of the allowed amount subject to calendar year deductible
Home Health and Hospice	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Home Infusion	Covered at 100% of the allowed amount; no copay or deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, not covered
Medical Nutrition Therapy Services	Covered at 100% of the allowed amount after \$30 physician copay	Covered at 80% of the allowed amount subject to calendar year deductible; in
For adults and children, 6 hours each calendar year		Alabama, covered at 50% of the allowed amount subject to calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
	PEDIATRIC DENTAL BENEFITS			
Benefits are available up to the end of the month in which the member turns 19. See your benefit booklet for visit and treatment limits.				
Diagnostic and Preventive Services Examples include: Dental exams, routine cleanings, fluoride treatment, bitewing x-rays, full mouth x-rays and panoramic film, tooth sealants and topical fluoride varnish	Covered at 100% of the allowed amount; no copay or deductible	Not covered		
Basic Services Examples include: Tooth color and silver amalgam fillings, simple tooth extractions, non-surgical root canal, emergency treatment for pain and repairs to crowns, inlays, onlays and dentures	Covered at 80% of the allowed amount; no copay or deductible	Not covered		
Major Services Examples include: Oral surgery, general anesthesia, periodontic exams, removal of diseased gum tissue and bone, crowns, onlays, core buildup, dentures, implants and bridges	Covered at 50% of the allowed amount subject to calendar year deductible	Not covered		
Medically Necessary Orthodontic Services	Covered at 50% of the allowed amount subject to calendar year deductible	Not covered		
HEALTH MANAGEMENT AND ADDITIONAL BENEFITS (Includes Mental Health Disorders and Substance Abuse)				
Individual Case Management	Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231 .			
Chronic Condition Management	Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease, congestive heart failure, chronic obstructive pulmonary disease and other specialized conditions.			
Baby Yourself®	A maternity program; for more information, please call 1-800-222-4379 . You can also enroll online at AlabamaBlue.com/BabyYourself .			
Air Medical Transport	Air medical transportation to a network hospital near home if hospitalized while traveling more than 150 miles from home; to arrange transportation, call AirMed at 1-877-872-8624.			

Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a
 provider directory, provider finder website (AlabamaBlue.com) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard® PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s). In Alabama, in-network services provided by mental health disorders and substance abuse professionals are available through the Blue Choice Behavioral Health Network. Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be
 responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be
 based on the negotiated rate payable to in-network providers in the same area, the average charge for care in the area, or in accordance with applicable
 Federal law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan.
 Please check your benefit booklet for more detailed coverage information.
- Teladoc® is an independent company providing phone and online physician consultation services to Blue Cross and Blue Shield of Alabama members.
- Please refer to your benefit book or contact Blue Cross directly about coverage for your hospital charges and other related medical services. Approval for air medical transportation does not mean that hospitalization and other medical expenses will be covered. All coverage determinations for medical benefits are subject to the terms, conditions, limitations and exclusions of the health plan. Air medical transportation services are provided through a contract with AirMed International, LLC, an independent company that does not provide Blue Cross and Blue Shield of Alabama products. Blue Cross is not responsible for any mistakes, errors or omissions that AirMed, its employees or staff members make. Air medical transportation services terminate if coverage by your health plan ends.

This is not a contract, benefit booklet or Summary Plan Description

Benefits are subject to the terms, limitations and conditions of the group contract (including your benefit booklet).

Check your benefit booklet for more detailed coverage information.

Please visit our website, AlabamaBlue.com.