



Blue Cross and Blue Shield of Alabama is committed to helping you better manage your health

Chronic Condition Management is a state-of-the-art program that improves health outcomes and elevates quality of care. It focuses on chronic conditions that are sometimes debilitating, but can be managed through early intervention and awareness of appropriate treatment and lifestyle changes.

The program focuses on five common chronic diseases:

- Asthma
- Chronic Obstructive Pulmonary Disease
- Congestive Heart Failure
- Coronary Artery Disease
- Diabetes (Types 1 and 2)

You, or a covered dependent, may be identified as a potential participant for this program if diagnosed with any of these conditions. Identified members will receive a postcard through the mail with contact information. There is no cost, and participation is completely voluntary and confidential.

Enroll today in the Chronic Condition Management Program!

Call **1-888-841-5741** toll free or email membermanagement@bcbsal.org for more information.

A registered nurse will provide a health assessment for all participants and develop a patient profile. Participants are encouraged to focus on a healthier lifestyle and take measures to manage their condition more effectively.



BlueCross BlueShield of Alabama

An Independent Licensee of the Blue Cross and Blue Shield Association

Statement of Nondiscrimination

Blue Cross and Blue Shield of Alabama complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Foreign Language Assistance

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-216-3144 (TTY: 711)

Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-216-3144 (TTY: 711)。