



TAKE CONTROL

*of your
health.*

We value you
as a member and
want you to be as
healthy as possible.



Questions about chronic conditions such as asthma, COPD, diabetes or heart disease?

Call Chronic Condition Management
and talk to a clinician.

1-888-841-5741

**Chronic Condition Management
Mon-Fri, 8 a.m. - 6 p.m. CDT**

You may also email us at
membermanagement@bcbsal.org



**BlueCross BlueShield
of Alabama**

An Independent Licensee of the
Blue Cross and Blue Shield Association

P.O. Box 995
Birmingham, AL 35298-0001



Statement of Nondiscrimination

Blue Cross and Blue Shield of Alabama complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Foreign Language Assistance

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-630-6823 (TTY: 711)
Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-630-6823 (TTY: 711)。