



Get Healthy Get Immunized

For more information,
visit the Centers for Disease Control and
Prevention website
www.CDC.gov

*Ensuring your child is
protected against diseases
such as whooping cough
(pertussis), measles and
diphtheria could save his
or her life.*

*Blue Cross and Blue Shield of Alabama
cares about your health and wellness.*

*This is an informational series designed to provide
specific ideas for a healthy and safe lifestyle.*

AlabamaBlue.com/myBlueWellness



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This information is provided for general informational purposes. Information contained in this communication is not intended to replace professional medical advice, diagnosis or treatment. Always seek the advice of your physician or other qualified healthcare provider regarding your healthcare needs. Never disregard professional medical advice or delay seeking medical advice because of something you have read in this informational piece. Always check your benefits for coverage information and limitations.



myBlueWellness

*A wellness program for you
from Blue Cross and Blue Shield of Alabama*

Shots may be temporarily uncomfortable, but they will protect your child from life-threatening diseases. Immunizations help protect your child, and are often required for your child to attend school.

Blue Cross and Blue Shield of Alabama is committed to the immunization of all children. Use the following schedule to determine what vaccines are recommended at each age. For additional details, please review the online chart and footnotes at www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html.

Recommended Childhood and Adolescent Immunization Schedule

Vaccine	Birth	1m	2m	4m	6m	9m	12m	15m	18m	19-23m	2-3y	4-6y	7-10y	11-12y	13-15y	16y	17-18y
Hepatitis B1 (HepB)	1st dose	2nd dose					3rd dose										
Rotavirus (RV) RV1 (2-dose series); RV5 (3-dose series)			1st dose	2nd dose													
Diphtheria, tetanus, & acellular pertussis (DTaP: <7 yrs)			1st dose	2nd dose	3rd dose			4th dose				5th dose					
Haemophilus influenzae type b (Hib)			1st dose	2nd dose			3rd or 4th dose										
Pneumococcal conjugate (PCV13)			1st dose	2nd dose	3rd dose		4th dose										
Inactivated poliovirus (IPV: <18 yrs)			1st dose	2nd dose			3rd dose					4th dose					
Influenza (IIV)							Annual vaccination (IIV) 1 or 2 doses						Annual vaccination (IIV) 1 dose only				
Measles, mumps, rubella (MMR)							1st dose					2nd dose					
Varicella (VAR)							1st dose					2nd dose					
Hepatitis A (HepA)							2-dose series										
Meningococcal (Hib-MenCY >6 weeks; MenACWY-D >9 mos; MenACWY-CRM ≥2 mos)														1st dose		2nd dose	
Tetanus, diphtheria, & acellular pertussis (Tdap: >7 yrs)														Tdap			
Human papillomavirus (HPV)																	
Meningococcal B																	
Pneumococcal polysaccharide (PPSV23)																	

Range of recommended ages for all children

Range of recommended ages for catch-up immunization

Range of recommended ages for certain high risk groups

Range of recommended ages for non-risk groups that may receive vaccine, subject to individual clinical decision making

No recommendation

The above chart is intended to be used for informational purposes only and is not a substitute for professional medical advice. Please consult your physician about the healthcare needs of you and your family, and for the most current information about immunizations since the schedule may change. The suggested vaccines may not be covered by your health plan. Please review your benefits for coverage information.