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# Plan Benefits Summary



AlabamaBlue.com



## **Prescription Drugs: ValueONE Network**

#### **ValueONE Network Facts:**

- 41,000 major national and regional pharmacy chains, retailers and grocers, and independent pharmacies participate in the ValueONE Network. This includes many national pharmacies you may already be using.
- Pharmacies that participate in the ValueONE Network can fill up to a 90-day supply of certain medications at the same location.
- If you do not use a ValueONE Network pharmacy, you may be responsible for the full cost of your prescription medication. Benefits may not be provided for out-of-network pharmacies.
- To maximize your pharmacy benefits, you will need to transfer all your prescriptions to a ValueONE Network Pharmacy.

### How Do I Find a ValueONE Network Pharmacy?

You can locate all of the participating pharmacies in your area at

**AlabamaBlue.com/ValueONEPharmacyLocator.** To search for pharmacies in your area, enter your ZIP code in the "Location" search field and then click "Search."

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# Blue HSA Silver for Business High Deductible Health Plan – HSA Qualified Effective for Plan Years on and after January 1, 2022 BlueCard® PPO

BENEFIT	IN-NETWORK	OUT-OF-NETWORK				
	the provider's charge that Blue Cross and/or Blue					
The allowed amount m	ay vary depending upon the type provider and wh	ere services are received.				
HEALTH SAVINGS ACCOUNT (HSA)  A Health Savings Account (HSA) is an account established with pre-taxed money in order to save for future medical expenses. In order to						
establish an HSA you must first be enrolled in an HSA-Qualified High Deductible Health Plan (HDHP). An HDHP is a health plan that						
		signed to meet those government requirements.				
Enrolling in an HDHP allows you the opportu	nity to make contributions to an HSA on a pre-ta	ax basis.				
	tribution amount is indexed each year by the U.					
	for family coverage. If you have any questions a	bout the benefits of an HSA, please consult				
your tax accountant.	LIMMARY OF COST CHARING PROVIDE	200				
	SUMMARY OF COST SHARING PROVISIONS					
	es Mental Health Disorders and Substandut- ut-of-pocket maximums will be calculated in acco					
Calendar Year Deductible	Self-Only coverage: \$4,000	Self-Only coverage: \$4,000				
The in-network and out-of-network calendar year	+ 1,000	<u>=====</u> γ ,,				
deductibles are separate and do not apply to	Family coverage: \$8,000	Family coverage: \$8,000				
each other						
For family coverage, no benefits, except						
preventive care, are paid by the plan to any						
family member until the total medical expenses paid by the family equal the family deductible						
amount subject to the self-only calendar year						
out-of-pocket maximum.						
Calendar Year Out-of-Pocket Maximum	Self-Only coverage: \$6,000	There is no out-of-pocket maximum for out-				
(including in-network calendar year deductible)	Family coverage: \$12,000	of-network services				
	<u>r uniny σονστασο.</u> ψ12,000					
Deductibles, copays and coinsurance for in- network services and out-of-network Mental	After you reach your self-only Calendar Year Out-					
Health Disorders and Substance Abuse	of-Pocket Maximum (even if you are covered under family coverage), applicable expenses for					
emergency services apply to the out-of-pocket	you will be covered at 100% of the allowed					
maximum	amount for remainder of calendar year					
	ATIENT HOSPITAL AND PHYSICIAN BEN					
	s Mental Health Disorders and Substan					
	sions (except medical emergency services, mater gencies. Generally, if precertification is not obtain					
Troumballon William To Troub To Thousand Striot	(toll-free) for precertification.					
Inpatient Hospital	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount				
	subject to calendar year deductible	subject to calendar year deductible				
		Note: In Alabama, available only for medical				
		emergency services and accidental injury				
Inpatient Physician Visits and	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount				
Consultations	subject to calendar year deductible	subject to calendar year deductible				
	OUTPATIENT HOSPITAL BENEFITS					
	s Mental Health Disorders and Substan					
	nt hospital benefits. Precertification is also requi aBlue.com/ProviderAdministeredPrecertification	ired for some provider-administered drugs; visit				
	ecertification is not obtained, no benefits are ava					
Outpatient Surgery (Including	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount				
Ambulatory Surgical Centers)	subject to calendar year deductible	subject to calendar year deductible; in				
Emergency Ream /Medical Emergency	Covered at 900/ of the allowed arrange	Alabama, not covered				
Emergency Room (Medical Emergency)	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible				
Emergency Room (Accident)	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount				
	subject to calendar year deductible	subject to calendar year deductible when				
Note: If you have a medical emergency as	,	services are rendered within 72 hours of the				
defined by the plan after 72 hours of an accident, refer to Emergency Room (Medical		accident; 50% of the allowed amount subject				
Emergency) above.		to calendar year deductible when services				
		are rendered after 72 hours of the accident and not a medical emergency as defined by				
		the plan				
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BENEFIT	IN-NETWORK	OUT-OF-NETWORK			
Emergency Room Physician	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount			
	subject to calendar year deductible	subject to calendar year deductible			
Outpatient Diagnostic Lab, X-ray,	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
Pathology, Dialysis, IV Therapy,	subject to calendar year deductible	subject to calendar year deductible; in			
Chemotherapy & Radiation Therapy	,	Alabama, not covered			
Intensive Outpatient Services and	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
Partial Hospitalization for Mental Health	subject to calendar year deductible	subject to calendar year deductible; in			
and Substance Abuse		Alabama, not covered			
(Include	PHYSICIAN BENEFITS	aa Abusa)			
	(Includes Mental Health Disorders and Substance Abuse) Precertification is required for some physician benefits. Precertification is also required for some provider-administered drugs; visit				
Alaban	naBlue.com/ProviderAdministeredPrecertification	nDrugList.			
	recertification is not obtained, no benefits are ava				
Office Visits, Consultations &	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
Psychotherapy The Property of	subject to calendar year deductible	subject to calendar year deductible			
Telephone and Online Video Physician	Covered at 0% of the allowed amount after	Not covered			
Consultations Program	\$55 payment per consultation				
A convice available through Toledoc™ to					
A service, available through Teladoc™, to diagnose, treat and prescribe medication					
(when necessary) for certain medical issues.					
To enroll, go to <b>Teladoc.com/Alabama</b> or call					
1-855-477-4549.					
Second Surgical Opinion	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
	subject to calendar year deductible	subject to calendar year deductible			
Surgery & Anesthesia	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
	subject to calendar year deductible	subject to calendar year deductible			
Maternity Care	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
	subject to calendar year deductible	subject to calendar year deductible			
Diagnostic Lab, X-ray, Pathology,	Covered at 80% of the allowed amount	Covered at 50% of the allowed amount			
Dialysis, IV Therapy, Chemotherapy &	subject to calendar year deductible	subject to calendar year deductible			
Radiation Therapy					
	PREVENTIVE CARE BENEFITS				
Routine Immunizations and Preventive	Covered at 100% of the allowed amount; no	Not covered			
Services	copay or deductible				
See AlabamaBlue.com/PreventiveServices					
and AlabamaBlue.com/StandardACAPreventive					
DrugList for a listing of the specific drugs,					
immunizations and preventive services or call					
our Customer Service Department for a					
printed copy.					
Certain immunizations may also be obtained     through the Dharmany Vaccine Network					
through the Pharmacy Vaccine Network. See					
AlabamaBlue.com/VaccineNetworkDrugLis					
t for more information.					
	PEDIATRIC VISION BENEFITS				
Pediatric Eye Exam	Covered at 80% of the allowed amount	Not covered			
Limited to one exam (including refraction) per	subject to calendar year deductible				
member per calendar year up to the end of the	, ,				
month in which the member turns 19.					
Pediatric Glasses or Contact Lenses	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount			
Limited to one pair of prescription glasses per	subject to calendar year deductible	subject to calendar year deductible			
member per calendar year; contact lenses are					
limited to one 12-month supply per calendar year. Benefits are available up to the end of the					
month in which the member turns 19.					
monar in which the monibol turns to.		ı			

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
	PRESCRIPTION DRUG BENEFITS	
(Include	es Mental Health Disorders and Substan	ce Abuse)
Precertification is requir	ed for some drugs; if no precertification is obtaine	
Prescription Drug Card	Tier 1 Drugs:	Not covered
The pharmacy network for the plan is the ValueONE Network.  Locate a ValueONE Network Pharmacy at	Covered at 80% of the allowed amount subject to calendar year deductible	
AlabamaBlue.com/ValueONEPharm acyLocator	Tier 2 Drugs: Covered at 80% of the allowed amount subject to calendar year deductible	
Prescription drugs (other than maintenance prescription drugs) can be dispensed for up to a 30-day supply.  View the Source+Rx 1.0 Drug list that applies to the plan at	Tier 3 Drugs: Covered at 80% of the allowed amount subject to calendar year deductible	
AlabamaBlue.com/2022SourcePlus Rx1DrugList	Tier 4 Drugs: Covered at 80% of the allowed amount subject to calendar year deductible	
Maintenance prescription drugs can be dispensed for up to a 90-day supply but the copayment is applicable for each 30-day supply.	Tier 5 (Preferred Specialty) Drugs: Covered at 80% of the allowed amount subject to calendar year deductible	
View the Maintenance Drug List that applies to the plan at     AlabamaBlue.com/MaintenanceDru	Tier 6 (Non-Preferred Specialty) Drugs: Covered at 80% of the allowed amount subject to calendar year deductible	
<ul><li>gList</li><li>Some copays maybe combined for diabetic supplies</li></ul>	Covered Insulin Products: \$99 maximum cost share per 30-day supply; When a Covered Insulin Product qualifies as	
Tier 5 and 6 (Specialty) drugs can be dispensed for up to a 30-day supply.  The only in-network pharmacy for some Tier 5 and 6 (Specialty) drugs is the   Pharmacy Select Network.  View the Specialty Drug List that applies to the plan at	preventive care, the cost share cap applies whether or not deductible has been met. When a Covered Insulin Product does not qualify as preventive care, the cost share cap shall not apply until deductible has been met.	
AlabamaBlue.com/SelfAdministere dSpecialtyDrugList		
Some immunizations may be received from an in-network pharmacy that participates in the <b>Pharmacy Vaccine Network</b> .		
<ul> <li>A list of the eligible vaccines these pharmacies may provide can be found at</li> </ul>		
AlabamaBlue.com/VaccineNetworkD rugList		

#### BENEFITS FOR OTHER COVERED SERVICES (Includes Mental Health Disorders and Substance Abuse) Precertification is required for some other covered services; please see your benefit booklet. If precertification is not obtained, no benefits are available. **Allergy Testing & Treatment** Covered at 80% of the allowed amount Covered at 50% of the allowed amount subject to calendar year deductible subject to calendar year deductible Covered at 80% of the allowed amount Covered at 80% of the allowed amount **Ambulance Service** subject to calendar year deductible subject to calendar year deductible Covered at 80% of the allowed amount Covered at 50% of the allowed amount **Chiropractic Services** Limited to 15 visits per member per calendar subject to calendar year deductible; in subject to calendar year deductible Alabama, not covered **Durable Medical Equipment (DME)** Covered at 80% of the allowed amount Covered at 50% of the allowed amount subject to calendar year deductible subject to calendar year deductible

BENEFIT	IN-NETWORK	OUT-OF-NETWORK	
Rehabilitative Occupational, Physical and Speech Therapy Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible	
Habilitative Occupational, Physical and Speech Therapy Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible	
Autism-Related Rehabilitative and Habilitative Occupational and Speech Therapy Children ages 0-18 with an autism diagnosis are allowed unlimited visits for occupational and speech therapy	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible	
Home Health and Hospice	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered	
Home Infusion	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered	
Medical Nutrition Therapy Services  For adults and children, 6 hours each calendar	Covered at 80% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible	
year	PEDIATRIC DENTAL BENEFITS		
	e month in which the member turns 19. See your	benefit booklet for visit and treatment limits.	
Diagnostic and Preventive Services  Examples include: Dental exams, routine cleanings, fluoride treatment, bitewing x-rays, full mouth x-rays and panoramic film, tooth sealants and topical fluoride varnish	Covered at 100% of the allowed amount subject to calendar year deductible	Not covered	
Examples include: Tooth color and silver amalgam fillings, simple tooth extractions, non-surgical root canal, emergency treatment for pain and repairs to crowns, inlays, onlays and dentures	Covered at 80% of the allowed amount subject to calendar year deductible	Not covered	
Major Services  Examples include: Oral surgery, general anesthesia, periodontic exams, removal of diseased gum tissue and bone, crowns, onlays, core buildup, dentures, implants and bridges	Covered at 50% of the allowed amount subject to calendar year deductible	Not covered	
	Covered at 50% of the allowed amount subject to calendar year deductible TH MANAGEMENT AND ADDITIONAL E		
Individual Case Management	s Mental Health Disorders and Substance Abuse)  Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231.		
Chronic Condition Management	Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease, congestive heart failure, chronic obstructive pulmonary disease and other specialized conditions.		
Baby Yourself®	A maternity program; for more information, please call <b>1-800-222-4379</b> . You can also enroll online at <b>AlabamaBlue.com/BabyYourself</b> .		

#### Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a provider directory, provider finder website (AlabamaBlue.com) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard® PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s). In Alabama, in-network services provided by mental health disorders and substance abuse professionals are available through the Blue Choice Behavioral Health Network. Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be based on the negotiated rate payable to in-network providers in the same area, the average charge for care in the area, or in accordance with applicable Federal law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan.
   Please check your benefit booklet for more detailed coverage information.
- Teladoc® is an independent company providing phone and online physician consultation services to Blue Cross and Blue Shield of Alabama members.
- Please refer to your benefit book or contact Blue Cross directly about coverage for your hospital charges and other related medical services. Approval for air medical transportation does not mean that hospitalization and other medical expenses will be covered. All coverage determinations for medical benefits are subject to the terms, conditions, limitations and exclusions of the health plan.

This is not a contract, benefit booklet or Summary Plan Description.

Benefits are subject to the terms, limitations and conditions of the group contract (including your benefit booklet).

Check your benefit booklet for more detailed coverage information.

Please visit our website, AlabamaBlue.com.