

We cover what matters.

Plan Benefits Summary



AlabamaBlue.com



Hospital Choice Network

The Blue Cross and Blue Shield of Alabama Hospital Choice Network is a local Alabama effort to evaluate cost, quality and patient experience in member hospitals. Hospitals are categorized into either Lower Member Cost Share or Higher Member Cost Share, based on their performance.

Only Alabama general acute care hospitals are eligible for participation in the Hospital Choice Network. Rehabilitation hospitals, psychiatric hospitals, specialty facilities, out-of-state hospitals, VA hospitals and long-term care hospitals are exempt from Hospital Choice Network scoring.

All hospitals are evaluated annually with changes made effective January 1. In addition, reviews are completed on a quarterly basis allowing hospitals to improve their status. To review the evaluation criteria for all hospitals and/or the level of Member Cost Share for a particular hospital, please use the "Find a Doctor" tool on our website at **AlabamaBlue.com**. The Member Cost Share level will be included in the information provided for each hospital that participates in the Hospital Choice Network. For more information on the evaluation criteria, click on the name of the hospital and then click on the "Cost", "Quality" or "Patient Experience" tabs. If you have any questions, please call the Customer Service number on the back of your ID card.

Prescription Drugs: ValueONE Network

ValueONE Network Facts:

- 41,000 major national and regional pharmacy chains, retailers and grocers, and independent pharmacies participate in the ValueONE Network. This includes many national pharmacies you may already be using.
- Pharmacies that participate in the ValueONE Network can fill up to a 90-day supply of certain medications at the same location.
- If you do not use a ValueONE Network pharmacy, you may be responsible for the full cost of your prescription medication. Benefits may not be provided for out-of-network pharmacies.
- To maximize your pharmacy benefits, you will need to transfer all your prescriptions to a ValueONE Network Pharmacy.

How Do I Find a ValueONE Network Pharmacy?

You can locate all of the participating pharmacies in your area at

AlabamaBlue.com/ValueONEPharmacyLocator. To search for pharmacies in your area, enter your ZIP code in the "Location" search field and then click "Search."

SGB-M22 (01/2022) 1 Rev. 06/07/2021

Blue Secure Gold for Business Effective for Plan Years on and after January 1, 2022 BlueCard® PPO

	BlueCard PPO				
BENEFIT	IN-NETWORK	OUT-OF-NETWORK			
Benefit payments are based on the amount of t	the provider's charge that Blue Cross and/or Blue	Shield plans recognize for payment of benefits.			
	y vary depending upon the type provider and whe IMMARY OF COST SHARING PROVISIO				
(Includes Mental Health Disorders and Substance Abuse)					
Calendar year deductibles and out-of-pocket maximums will be calculated in accordance with applicable Federal law.					
Calendar Year Deductible	\$1,200 Individual; \$2,400 Family	\$1,200 Individual; \$2,400 Family			
The in-network and out-of-network calendar year deductibles are separate and do not apply to each other		•			
Calendar Year Out-of-Pocket Maximum (including in-network calendar year deductible)	\$6,750 Individual; \$13,000 Family	There is no out-of-pocket maximum for out- of-network services			
Deductibles, copays and coinsurance for in- network services and out-of-network Mental Health Disorders and Substance Abuse emergency services apply to the out-of-pocket maximum	After you reach your individual Calendar Year Out-of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowed amount for remainder of calendar year				
INPA	TIENT HOSPITAL AND PHYSICIAN BEN	EFITS			
	s Mental Health Disorders and Substanc				
	issions (except medical emergency services, mat emergencies. Generally, if precertification is not of 248-2342 (toll-free) for precertification.				
Inpatient Hospital	Lower Member Cost Share: Covered at	Covered at 80% of the allowed amount			
	100% of the allowed amount after \$300 per day hospital copay days 1-5 for each admission	after \$1,000 per admission deductible Note: In Alabama, available only for medical			
	Higher Member Cost Share: Covered at	emergency services and accidental injury			
	100% of the allowed amount after \$600 per				
	day hospital copay days 1-5 for each				
Innations Dhysisian Visite and	admission	Covered at 900/ af the allowed amount			
Inpatient Physician Visits and Consultations	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible; in Alabama, covered at 50% of the allowed amount subject to calendar year deductible			
	Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed	Mental Health Disorders and Substance Abuse Services covered at 80% of the			
	amount; no copay or deductible	allowed amount; no copay or deductible			
(Included	OUTPATIENT HOSPITAL BENEFITS	Abusa)			
Precertification is required for some outpati	s Mental Health Disorders and Substance ent hospital benefits. Precertification is also requestion is also requestion in the second sec	uired for some provider-administered drugs:			
visit Alaba If pre	maBlue.com/ProviderAdministeredPrecertification certification is not obtained, no benefits are avaited.	onDrugList. ilable.			
Outpatient Surgery (Including Ambulatory Surgical Centers)	Lower Member Cost Share: Covered at	Covered at 80% of the allowed amount			
Ambulatory Surgical Centers)	100% of the allowed amount after \$300 hospital copay	subject to calendar year deductible; in Alabama, not covered			
	Higher Member Cost Share: Covered at 100% of the allowed amount after \$600 hospital copay	, not obvoice			
Emergency Room (Medical Emergency)	Covered at 100% of the allowed amount	Covered at 100% of the allowed amount			
	after \$300 hospital copay	after \$300 hospital copay			
		Mental Health Disorders and Substance Abuse Services covered at 100% of the allowed amount after \$300 hospital copay			
Emergency Room (Accident)	Covered at 100% of the allowed amount	Covered at 100% of the allowed amount			
Note: If you have a medical emergency as defined by the plan after 72 hours of an accident, refer to Emergency Room (Medical Emergency) above.	after \$300 hospital copay	after \$300 hospital copay when services are rendered within 72 hours of the accident; 80% of the allowed amount subject to calendar year deductible when services are rendered after 72 hours of the accident and not a medical emergency as defined by the plan			
		asimod by the plan			

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Emergency Room Physician	Covered at 100% of the allowed amount	Covered at 100% of the allowed amount
	after \$60 physician copay	after \$60 physician copay
		Mental Health Disorders and Substance
		Abuse Services covered at 100% of the
Outpatient Diagnostic Lab, X-ray &	Lower Member Cost Share: Covered at	allowed amount after \$60 physician copay Covered at 80% of the allowed amount
Pathology	100% of the allowed amount after \$300	subject to calendar year deductible; in
	hospital copay	Alabama, not covered
	Higher Member Cost Share: Covered at 100% of the allowed amount after \$600	
	hospital copay	
Dialysis, IV Therapy, Chemotherapy &	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount
Radiation Therapy	no copay or deductible	subject to calendar year deductible; in Alabama, not covered
Intensive Outpatient Services and	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount
Partial Hospitalization for Mental Health	after \$60 per day hospital copay	subject to calendar year deductible; in
and Substance Abuse		Alabama, not covered
/Include	PHYSICIAN BENEFITS s Mental Health Disorders and Substanc	a Abusa)
	ician benefits. Precertification is also required fo	
Alabama	aBlue.com/ProviderAdministeredPrecertification[DrugList.
	certification is not obtained, no benefits are avai VICES NOT SUBJECT TO \$1,200 CALENDAR	
Office Visits, Consultations &	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount
Psychotherapy	after \$35 primary care physician copay or	subject to calendar year deductible
	\$60 specialist physician copay	, ,
Telephone and Online Video Physician	Covered at 100% of the allowed amount	Not covered
Consultations Program	subject to a \$35 copayment per consultation	
A service, through Teladoc™, to diagnose, treat		
and prescribe medication (when necessary) for certain medical issues. To enroll, go to		
Teladoc.com/Alabama or call 1-855-477-4549.		
Second Surgical Opinion	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount
CAT Scan, MRI, PET/SPECT, ERCP,	after \$60 physician copay Covered at 100% of the allowed amount	subject to calendar year deductible Covered at 80% of the allowed amount
angiography/arteriography, cardiac	after \$300 copay per visit	subject to calendar year deductible
cath/arteriography, UGI endoscopy,		,
muga-gated cardiac scan &		
colonoscopy Diagnostic Lab, X-ray, Pathology,	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount
Dialysis, IV Therapy, Chemotherapy &	no copay or deductible	subject to calendar year deductible
Radiation Therapy		
	RVICES SUBJECT TO \$1,200 CALENDAR YE	
Surgery & Anesthesia	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 80% of the allowed amount subject to calendar year deductible
Maternity Care	Covered at 100% of the allowed amount	Covered at 80% of the allowed amount
•	subject to calendar year deductible	subject to calendar year deductible
Note: In Alabama, out-of-network physician	services covered at 50% of the allowed amount	subject to calendar year deductible
Routine Immunizations and Preventive	PREVENTIVE CARE BENEFITS Covered at 100% of the allowed amount;	Not covered
Services	no copay or deductible	
See AlabamaBlue.com/PreventiveServices AlabamaBlue.com/Standard	-	
and AlabamaBlue.com/Standard ACAPreventiveDrugList for a listing of the		
specific drugs, immunizations and preventive		
services or call our Customer Service Department for a printed copy.		
Certain immunizations may also be obtained		
through the Pharmacy Vaccine Network. See		
AlabamaBlue.com/VaccineNetworkDrugLis		
t for more information.		
Note: In some cases, office visit copays or fa	cility copays may apply	

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
	PEDIATRIC VISION BENEFITS	
Pediatric Eye Exam Limited to one exam (including refraction) per member per calendar year up to the end of the	Covered at 80% of the allowed amount subject to calendar year deductible	Not covered
month in which the member turns 19.		
Pediatric Glasses or Contact Lenses	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Limited to one pair of prescription glasses per	subject to calendar year deductible	subject to calendar year deductible
member per calendar year; contact lenses are	,	,
limited to one 12-month supply per calendar		
year. Benefits are available up to the end of the month in which the member turns 19.		
month in which the months raine to.	PRESCRIPTION DRUG BENEFITS	
(Include)	s Mental Health Disorders and Substanc	e Abuse)
	d for some drugs; if no precertification is obtained	
Prescription Drug Card	Covered at 100% of the allowed amount after the following copays:	Not covered
The pharmacy network for the plan is the		
ValueONE Network.	Tier 1 Drugs:	
Locate a ValueONE Network Pharmacy	\$10 copay per prescription	
at AlabamaBlue.com/ValueONEPharmac	Tior 2 Drugs:	
yLocator	Tier 2 Drugs: \$20 copay per prescription	
•	ψευ συράγ μει μιεθοιιμιίστι	
Prescription drugs (other than maintenance	Tier 3 Drugs:	
prescription drugs) can be dispensed for up to a 30-day supply.	\$50 copay per prescription	
 View the Source+Rx 2.0 list that applies 	Tier 4 Drugs:	
to the plan at	\$90 copay per prescription	
AlabamaBlue.com/2022SourcePlusRx		
2DrugList	Tier 5 (Preferred Specialty) Drugs:	
Maintenance prescription drugs can be	\$200 copay per prescription	
dispensed for up to a 90-day supply but the	Tive C (Nov. Books and Constitution Books	
copayment is applicable for each 30-day supply.	Tier 6 (Non-Preferred Specialty) Drugs: \$300 copay per prescription	
 View the Maintenance Drug List that 	Covered Insulin Products: \$99 maximum	
applies to the plan at	cost share per 30-day supply	
AlabamaBlue.com/MaintenanceDrugLi	coot onate per co day suppry	
st		
Tier 5 and 6 (Specialty) drugs can be		
dispensed for up to a 30-day supply. The only in-network pharmacy for some		
Tier 5 and 6 (Specialty) drugs is the		
Pharmacy Select Network.		
View the Specialty Drug List that applies		
to the plan at		
AlabamaBlue.com/SelfAdministeredS		
pecialtyDrugList		
Some immunizations may be received from		
an in-network pharmacy that participates in		
the Pharmacy Vaccine Network.		
 A list of the eligible vaccines these 		
pharmacies may provide can be found at		
AlabamaBlue.comVaccineNetworkDru		
gList		
	1	1

SGB-M22 (01/2022) 4 Rev. 06/07/2021

BENEFIT	IN-NETWORK	OUT-OF-NETWORK
Mail Order Pharmacy Service	Covered at 100% of the allowed amount	Not covered
Up to 90-day supply with one copay	after the following copays:	Not covered
Mail Order drugs are available through Home	alter the following copays.	
Delivery Network (Enroll online at	Tier 1 Drugs:	
AlabamaBlue.com/HomeDeliveryNetwork)	\$25 copay per prescription	
Note: If you have less than a 90-day supply, you will pay the same copay as a 90-day supply	Tier 2 Drugs:	
when using this mail order service.	\$50 copay per prescription	
ů .	T	
	Tier 3 Drugs:	
	\$125 copay per prescription	
	Tier 4 Drugs:	
	\$225 copay per prescription	
	Tier 5 (Preferred Specialty) Drugs:	
	Not covered	
	Tier 6 (Non-Preferred Specialty) Drugs:	
	Not covered	
	1100 00 00 00	
	Covered Insulin Products: \$99 maximum	
	cost share per 30-day supply	
	NEFITS FOR OTHER COVERED SERVICE	
	Mental Health Disorders and Substanc	
	uired for some other covered services; please se ecertification is not obtained, no benefits are avail	
Allergy Testing & Treatment	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
9,	subject to calendar year deductible	subject to calendar year deductible
Ambulance Service	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
	subject to calendar year deductible	subject to calendar year deductible
Chiropractic Services	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Limited to 15 visits per member per calendar	subject to calendar year deductible	subject to calendar year deductible; in
year	0 1 1000/ 611 11 1	Alabama, not covered
Durable Medical Equipment (DME)	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount subject to calendar year deductible; in
	subject to calendar year deductible	Alabama, covered at 50% of the allowed
		amount subject to calendar year deductible
Rehabilitative Occupational, Physical	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
and Speech Therapy	subject to calendar year deductible	subject to calendar year deductible; in
Occupational, physical and speech therapy		Alabama, covered at 50% of the allowed
limited to combined maximum of 30 visits per		amount subject to calendar year deductible
member per calendar year Habilitative Occupational, Physical and	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Speech Therapy	subject to calendar year deductible	subject to calendar year deductible; in
Occupational, physical and speech therapy	, ,	Alabama, covered at 50% of the allowed
limited to combined maximum of 30 visits per		amount subject to calendar year deductible
member per calendar year Autism-Related Rehabilitative and	Covered at 80% of the allowed amount	Covered at 80% of the allowed amount
Habilitative Occupational and Speech	subject to calendar year deductible	subject to calendar year deductible; in
Therapy		Alabama, covered at 50% of the allowed
Children ages 0-18 with an autism diagnosis are		amount subject to calendar year deductible
allowed unlimited visits for occupational and		· · · · · ·
speech therapy Home Health and Hospice	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount
Home Health and Hospice	no copay or deductible	subject to calendar year deductible; in
	copa, o. doddollolo	Alabama, not covered
Home Infusion	Covered at 100% of the allowed amount;	Covered at 80% of the allowed amount
	no copay or deductible	subject to calendar year deductible; in
		Alabama, not covered
Modical Nutrition Thorony Comicae	Covered at 1009/ of the alleved areasest	Covered at 900/ of the allowed areasyst
Medical Nutrition Therapy Services	Covered at 100% of the allowed amount after \$35 physician copay	Covered at 80% of the allowed amount subject to calendar year deductible; in
For adults and children, 6 hours each calendar	and you physician copay	Alabama, covered at 50% of the allowed
year.		amount subject to calendar year deductible
<u> </u>	ı	your doddollolo

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
	PEDIATRIC DENTAL BENEFITS			
Benefits are available up to the end of the month in which the member turns 19. See your benefit booklet for visit and treatment limits.				
Diagnostic and Preventive Services	Covered at 100% of the allowed amount;	Not covered		
	no copay or deductible			
Examples include: Dental exams, routine cleanings, fluoride				
treatment, bitewing x-rays, full mouth x-rays and				
panoramic film, tooth sealants and topical				
fluoride varnish				
Basic Services	Covered at 80% of the allowed amount;	Not covered		
	no copay or deductible			
Examples include:				
Tooth color and silver amalgam fillings, simple				
tooth extractions, non-surgical root canal, emergency treatment for pain and repairs to				
crowns, inlays, onlays and dentures				
Major Services	Covered at 50% of the allowed amount	Not covered		
major der vices	subject to calendar year deductible	Not covered		
Examples include:	Subject to calcinal year deductible			
Oral surgery, general anesthesia, periodontic				
exams, removal of diseased gum tissue and				
bone, crowns, onlays, core buildup, dentures,				
implants and bridges				
Medically Necessary Orthodontic	Covered at 50% of the allowed amount	Not covered		
Services	subject to calendar year deductible			
	TH MANAGEMENT AND ADDITIONAL B			
	es Mental Health Disorders and Substan	ce Abuse)		
Individual Case Management	Coordinates care in event of catastrophic or le	engthy illness or injury. For more information,		
	please call 1-800-821-7231 .			
Chronic Condition Management	Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease,			
	congestive heart failure, chronic obstructive pulmonary disease and other specialized			
	conditions.			
Baby Yourself®	A maternity program; for more information, please call 1-800-222-4379 . You can also enroll			
	online at AlabamaBlue.com/BabyYourself.			
Air Medical Transport	Air medical transportation to a network hospital near home if hospitalized while traveling			
	more than 150 miles from home; to arrange transportation, call AirMed at 1-877-872-8624 .			

Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a provider directory, provider finder website (AlabamaBlue.com) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard® PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s). In Alabama, in-network services provided by mental health disorders and substance abuse professionals are available through the Blue Choice Behavioral Health Network. Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be
 responsible for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be
 based on the negotiated rate payable to in-network providers in the same area, the average charge for care in the area, or in accordance with
 applicable Federal law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan. Please check your benefit booklet for more detailed coverage information.
- Teladoc® is an independent company providing phone and online physician consultation services to Blue Cross and Blue Shield of Alabama members.
- Please refer to your benefit book or contact Blue Cross directly about coverage for your hospital charges and other related medical services. Approval for air medical transportation does not mean that hospitalization and other medical expenses will be covered. All coverage determinations for medical benefits are subject to the terms, conditions, limitations and exclusions of the health plan. Air medical transportation services are provided through a contract with AirMed International, LLC, an independent company that does not provide Blue Cross and Blue Shield of Alabama products. Blue Cross is not responsible for any mistakes, errors or omissions that AirMed, its employees or staff members make. Air medical transportation services terminate if coverage by your health plan ends.

This is not a contract, benefit booklet or Summary Plan Description

Benefits are subject to the terms, limitations and conditions of the group contract (including your benefit booklet).

Check your benefit booklet for more detailed coverage information.

Please visit our website, AlabamaBlue.com.