

Join us on May 4 @ **BIG SPRING PARK EAST!**

Turn a working lunch into a **WALKING** lunch!

Come out to **Big Spring Park East** and
celebrate National Walk@Lunch Day with
Blue Cross and Blue Shield of Alabama
and the City of Huntsville!

Don't forget your walking shoes on Thursday, May 4!
Event starts at 10:30 a.m. and ends at 1:30 p.m.



National Walk @ Lunch Day®



Walking for the health of it.

presented by



**BlueCross BlueShield
of Alabama**

An Independent Licensee of the Blue Cross and Blue Shield Association



Scheduled Walks

11 a.m.

11:30 a.m.

12 p.m.

12:30 p.m.

1 p.m.



**Register online
for your chance to
win a door prize!**

AlabamaBlue.com/walkatlunch

For more information, email walkatlunch@bcbsal.org.