WHY SHOULD BE TESTED FOR THE COVID-19 VIRUS

Because testing kits are in short supply and resources to handle a huge volume of coronavirus tests are not available, you should have a test only if you have symptoms of a COVID-19 infection, such as:

- FEVER
- COUGH
- SHORTNESS OF BREATH

Contact your physician and follow their instructions if you have any of these risk factors:

- 65+ years old
- chronic lung disease or serious heart condition
- compromised immune system
- obesity, diabetes, kidney disease, liver disease

WHAT TO DO AFTER YOU HAVE BEEN TESTED

After being tested for COVID-19, go home to self-isolate and remain there until you receive your results. The decision to end your home isolation should be made with the advice of your physician or provider.

If you are tested for COVID-19 and then hospitalized, you will be in isolation according to the facility's Infection Control Office guidelines.

FOR MORE INFORMATION VISIT www.cdc.gov/COVID19

HOW TO GET A TEST FOR THE COVID-19 VIRUS

Tests are run on swabs obtained from your nose or throat. A physician, physician’s assistant or nurse practitioner must order the COVID-19 tests. They will need to ask you questions about your symptoms and medical history to determine if a test is appropriate.

If your physician or provider is not available to order the test, many communities have set up testing stations in parking lots and public spaces. You can find a list of testing sites by visiting AlabamaBlue.com/Coronavirus.

SYMPTOMS DEVELOP IN 2 TO 14 DAYS after exposure to someone who has coronavirus.